# **Women of American History**



### YOU WILL NEED:

### Pegboard:

Large square

#### Other:

Iron

Ironing paper **Tweezers** 

### **Bead Colors:**

Sand - 235

Blush - 8

Red - 75

Cranapple - 3 Butterscotch - 100 Tan - 86

Rust - 40

Crème - 13

Pastel Yellow - 4

Yellow - 31 Cheddar - 4

Gold Metallic - 3

Toothpaste - 10

Turquoise - 9

Light Blue - 129 Dark Blue - 44

Purple - 124

Light Brown - 191 Brown - 166

Light Grey - 24

Grev - 14

Dark Grey - 41

Black - 148

White - 283

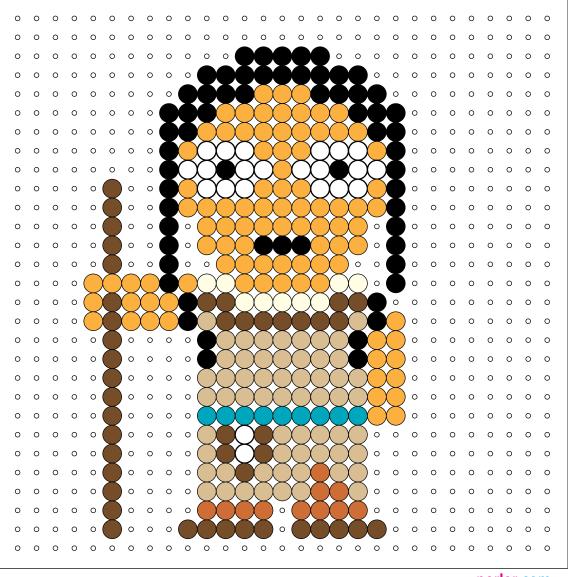
### Instructions

- 1. If you are using a clear pegboard, slide the actual-size pattern underneath it. Place your beads on the pegboards as shown.
- 2. Ask an adult to fuse your designs—see page 5 for further instructions.

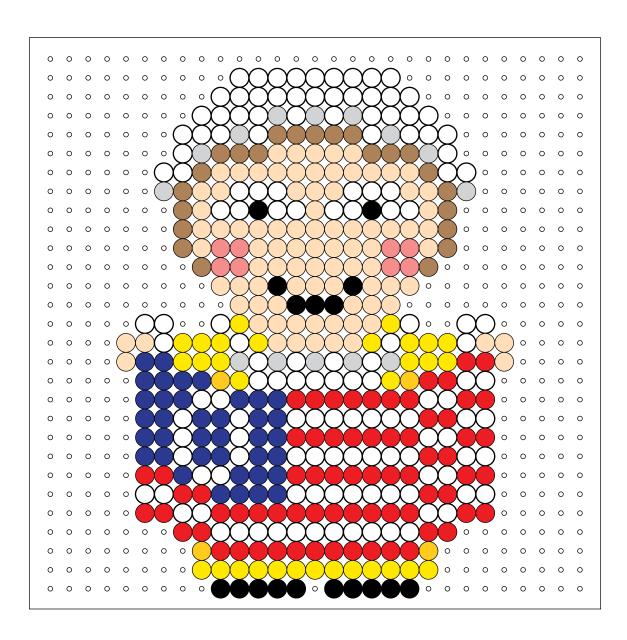
# Sacagawea

Sacagawea, 1788-1812, was a Lemhi Shoshone woman who is known for her help to the Lewis and Clark Expedition in achieving their chartered mission objectives by exploring the Louisiana Territory.

Wikipedia







# **Betsy Ross**

Betsy Ross, 1752-1836, became a patriotic icon in the late 19th century when stories surfaced that she had sewn the first "stars and stripes" U.S. flag in 1776.

History.com

### **Bead Colors:**

- Sand
- Blush
- Red
- Yellow
- Cheddar
- Dark Blue
- Light Brown
- Light Grey
- Black
- White





### **Harriet Tubman**

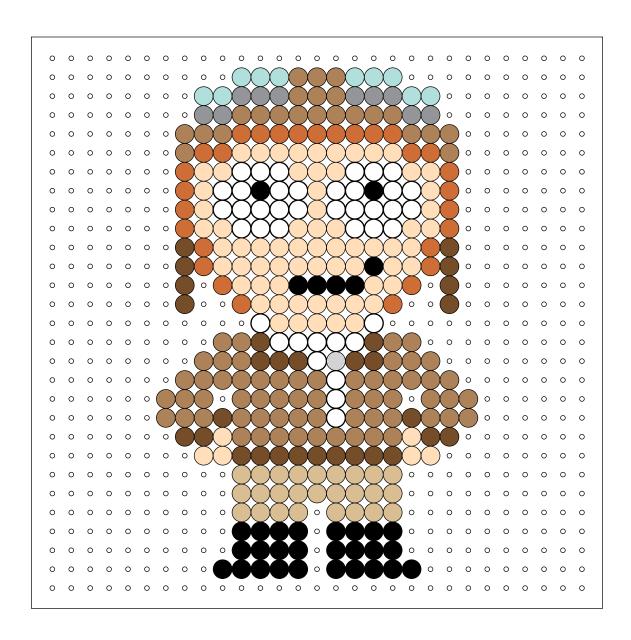
Harriet Tubman, 1822-1913, was an American abolitionist, humanitarian, and an armed scout and spy for the United States Army during the American Civil War. Born into slavery, Tubman escaped and subsequently made some thirteen missions to rescue approximately seventy enslaved people, family and friends, using the network of anti-slavery activists and safe houses known as the Underground Railroad.

Wikipedia

#### **Bead Colors:**

- Butterscotch
- Crème
- Pastel Yellow
- Gold Metallic
- Purple
- Light Brown
- Light Grey
- Dark Grey
- Black
- White





### **Amelia Earhart**

Amelia Earhart, 1897-1937, was an American aviator who set many flying records and championed the advancement of women in aviation. She became the first woman to fly solo across the Atlantic Ocean, and the first person ever to fly solo from Hawaii to the U.S. mainland. During a flight to circumnavigate the globe, Earhart disappeared somewhere over the Pacific in July 1937.

# **Bead Colors:** Sand

Rust

Toothpaste

Tan

Light Brown

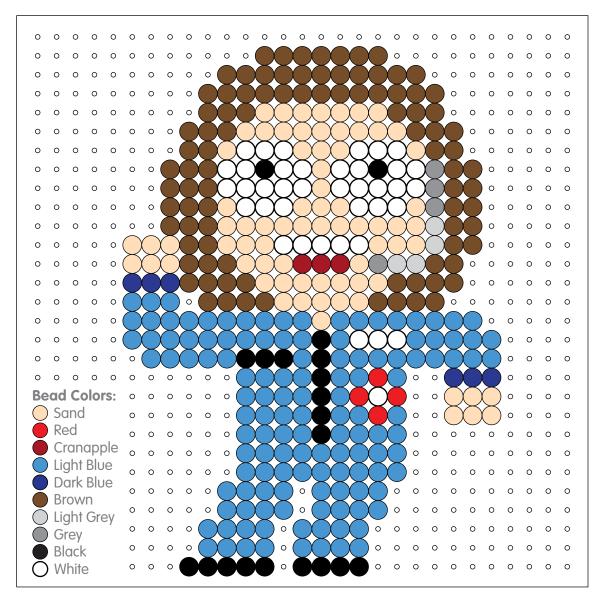
Brown

Light Grey

Grey

Black White





### Sally Ride

Sally Ride, 1951-2012, was an American physicist and astronaut. She became the first American woman to go into space when she flew on the space shuttle Challenger on June 18, 1983. She made two shuttle flights, and later became a champion for science education and a role model for generations.

Wikipedia and Space.com

#### Fusing Instructions—Only Adults Iron



- 1. Place your pegboard on a flat, heat-safe surface.
- 2. Set a household iron to the medium setting. Place ironing paper over the pegboard. In a circular motion, begin to iron the project. Do not press down with the iron. As the beads begin to fuse, you will see circles of the beads start to show through the paper. When ironed properly, the beads will still have an open center. Let the design cool.
- 3. Remove the paper and bead design from the peg board. Flip the design over to expose the non-fused side. Repeat step two. Let cool completely. Your pegboard and ironing paper are reusable.

**NOTE:** Beads need heat for about 10-20 seconds per side to fuse evenly. Lift the paper occasionally to see how the beads are fusing. Depending on the size of the project, additional heating time may be required. DO NOT OVER-IRON the beads as it will make the centers of the beads close and can make the assembly you do with your project more challenging.